

January 2017 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Closed for New Years	3 Cereal Seasonal Fruit Milk & Water	4 Sausage & Cheese Quiche Pears Milk & Water	5 Cheese Toast Fruit Cocktail Milk & Water	6 Banana Squares Seasonal Fruit Milk & Water	7
8	9 Bagels w/ Mozz. Cheese Pineapples Milk & Water	10 Cereal Seasonal Fruit Milk & Water	11 French Toast Berries Milk or Juice	12 Waffles Seasonal Fruit Milk & Water	13 Blueberry Muffins Fruit Cocktail Milk & Water	14
15	16 Oatmeal Sliced Peaches Milk & Water	17 Cereal Seasonal Fruit Milk & Water	18 Whole Wheat English Muffin Sausage Fruit Cocktail Milk & Water	19 Blueberry Muffins Pears Milk & Water	20 French Toast Berries Milk or Juice	21
22	23 Cinnamon Whole Wheat Toast Sliced Peaches Milk & Water	24 Cereal Seasonal Fruit Milk & Water	25 Sausage & Cheese Quiche Pears Milk & Water	26 Cheese Toast Fruit Cocktail Milk & Water	27 Banana Squares Seasonal Fruit Milk & Water	28
29	30 Bagels w/ Mozz. Cheese Pineapples Milk & Water	31 Cereal Seasonal Fruit Milk & Water				

***Water is served at all snacks and meals**

All canned fruit is served in extra light fruit juice or unsweetened

January 2017 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Closed for New Years	3 Tacos Ranch Beans Pineapple Milk & Water	4 Pizza Salad with Ranch Peaches Milk & Water	5 Sloppy Joes Green Beans Pineapple Milk & Water	6 Roasted Open-Faced Turkey Sandwich w/ Gravy Sweet Potato Fries Fruit Cocktail	7
8	9 Meat Goulash Whole Wheat Bread Peaches Milk & Water	10 Chicken Broccoli Quesadillas Pineapple Milk & Water	11 Meatloaf Sweet Potato Fries Fruit Cocktail Milk & Water	12 Fun Fish Black Eyed Peas Applesauce Milk & Water	13 Chicken Sliders Salad with Ranch Pears Milk & Water	14
15	16 Corn Dogs Peas Applesauce Milk & Water	17 Spaghetti w/ Whole Wheat Pasta Corn Pineapple Milk & Water	18 Chicken & Dumplings Salad with Spinach Pears Milk & Water	19 Ham & Cheese Sandwiches Carrot Sticks Peaches Milk & Water	20 Roasted Chicken Green Beans Pineapple Whole Wheat Bread Milk & Water	21
22	23 Chicken Nuggets Macaroni & Cheese Salad W/ Ranch Pears Milk & Water	24 Tacos Ranch Beans Pineapple Milk & Water	25 Roasted Open-Faced Turkey Sandwich w/ Gravy Sweet Potato Fries Fruit Cocktail	26 Pizza Salad with Ranch Peaches Milk & Water	27 Sloppy Joes Green Beans Pineapple Milk & Water	28
29	30 Meat Goulash Whole Wheat Bread Peaches Milk & Water	31 Chicken Broccoli Quesadillas Pineapple Milk & Water				31

***Water is served at all snacks and meals**

All canned fruit is served in extra light fruit juice or unsweetened

January 2017 Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Closed for New Years	3 Blueberry Muffin ½ Banana Milk & Water	4 Bunny Crunch Salad Goldfish Water	5 Animal Crackers Seasonal Fruit Milk & Water	6 Cheez-Its Fruit Cocktail Milk & Water	7
8	9 Jelly Sandwich Pineapple Water & Milk	10 Cheese Toast Seasonal Fruit Milk & Water	11 Taco-seasoned Chex Trail Mix Water	12 Cereal Bars Seasonal Fruit Water & Milk	13 Pretzels Carrot Sticks with Ranch Water	14
15	16 Creamy Dreamy Whipped Fruit Graham Crackers Water	17 Graham Crackers ½ Banana Water	18 Whole wheat Banana Muffin Water	19 Goldfish Orange Slices Water	20 Ritz Crackers Carrot Sticks with Ranch	21
22	23 Ham & Cheese Roll up Milk & Water	24 Blueberry Muffin ½ Banana Milk & Water	25 Bunny Crunch Salad Goldfish Water	26 Animal Crackers Seasonal Fruit Milk & Water	27 Cheez-Its Fruit Cocktail Milk & Water	28
29	30 Jelly Sandwich Pineapple Water & Milk	31 Cheese Toast Seasonal Fruit Milk & Water				

***Water is served at all snacks and meals**

All canned fruit is served in extra light fruit juice or unsweetened